

DISTRICT VII E-NEWSLETTER



District VII Officers 2011-2012

Chairperson.....Gabrielle Gruenwald
Co-Chair.....Hayden Houdek
Secretary.....Erika Roeber
Treasurer.....Katie Redden
Junior High
Representative.....Brendan Roth

Highmore FCCLA

Leadership Under Construction

Highmore FCCLA had a great end to last year and beginning to this year! It was a great way to kick off another year by having last year's National VP of Finance and former Highmore FCCLA member Matilyn Kerr lead the meeting at the National Conference in Anaheim, California. We are very proud of her accomplishments. We planned an officer meeting the week before school and decided to follow the state theme and made our chapter theme "Highmore FCCLA: Leadership Under Construction". On October 2-3, 8 Highmore FCCLA members attended the Fall Leadership Training held in Rapid City. Three of those are members on the family and community career peer education teams and Ms. Bergeleen is the new adviser of the Career Team. The major goings on in October are the Breast Cancer Awareness and Fundraising Activities in honor of Breast Cancer Awareness



Month including "Dig for a Cure" Volleyball Fundraiser, Cheer for a Cure Cheer Camp, Knockout Breast Cancer free will tailgate

Dates to Remember

Minneapolis Cluster Meeting –
November 11-13

Denver Cluster Meeting
November 11-13



Atlanta Cluster Meeting
November 18-20

District VII Meeting
January 24, 2012
Huron Crossroads Hotel

**Winter Peer Education &
Executive Council Meetings**
Pierre – January 4, 2012

SD State Meeting
April 22 – 24, 2012

National Leadership Conference
July 8-12, 2012

supper with the National Guard and Dakota Radio Group for our local cancer organization, Red Ribbon Week, Trick or Treat for a Cause, and the Spooktacular Halloween Carnival! October is also dedicated locally as Student Body Month and we are planning a Healthy Lifestyles Coloring Contest. Two of our local chapter members also joined forces with the national Do Something Organization for their STAR Event on Eating Disorders. We also did a town cleanup the first week of school. We are very excited for this year in FCCLA and we cannot wait to “build” our leadership skills.



Faulkton FCCLA

Komfort Kwilts!

Katie Redden from the Faulkton FCCLA Chapter is organizing a Chapter Service Project and making quilts for the residents at the nursing home in Faulkton! The quilts will be given to them during the holiday season.

Empower Me

Kyle Ortmeier, a member of the Faulkton FCCLA Chapter, is working on a new project this year called Empower Me! It is an amazing program developed by the Alliance for a Healthier Generation. The program focuses on the 5 principles of exercising 60 minutes per day, drinking mostly water, 100% fruit juice, or

skim milk, sleeping 9 hours per night, reducing screen time to 2 hours per day, and eating fruits and vegetables at every meal. Every Tuesday he is organizing an afterschool program for elementary youth, teaching them the value of nutrition, exercise and healthy living. The Faulkton Area Medical Center is helping co-sponsor the event and donating healthy snacks each week for the children.

Supplies for Soldiers

The Faulkton Jr. High FACS students are planning on gathering and sending care packages to soldiers overseas. The students are excited about this opportunity to help out. They have a goal to send a package to all former graduates of FHS currently serving overseas. The students are teaming up with the Faulkton Elementary Student Council to complete this project.



Redfield FCCLA

C is For Cookie Not Cancer

Cookies for Kids' Cancer, was founded by parents of kids diagnosed with cancer. Many do not survive because of a lack of effective therapies. Cookies for kids raises money for childhood cancer. The Redfield FCCLA chapter and members of the community baked and sold cookies one Friday. The cookie sales raised 863.00 which will be given to help fight childhood cancer.

Stanley County FCCLA

The Stanley County FCCLA Chapter is off to a good start to the 2011-2012 year. We started the year off with a membership drive and our chapter is continuing to growth. Three students attend the "Leadership Training" in Rapid City and we are excited for them to share their experiences with the rest of the chapter! We have many great projects, activities, and fundraisers in the works and are getting a great start on STAR Events. We are looking forward to a great year of new experiences!



Miller FCCLA

The Miller FCCLA theme for this year is Round'em Up with FCCLA. This summer we planned our Program of Work at our officer training at a local bed and breakfast. We kicked off the year in late August with our first meeting "Rounding Up" the 7th graders and new upper class members to join our organization .

The Miller Chapter has done many fundraisers for the upcoming Cluster Meeting in Minneapolis. Members from our chapter waitressed at two weddings and held a chapter rummage sale this summer. We are currently selling Rustler jackets and held a root beer float concession sale to help meet our goals. We will be sending nine members and our advisor to Cluster in November.

At our school we also sell a variety (birthday, good luck, etc.) Mylar balloons as a fundraiser. Another profitable fundraiser is our Milk/Snack machine which is used a lot and needs to be filled daily.

A new project for our chapter is the morning, Wellness Break. At 10:00 every day, we get 10 minutes to break from classes and get something healthy to snack on if we want. The FCCLA organizes the break as part of our Student Body project but the profit goes to the workers from different organizations in the school like the cross country team and the cheerleaders.

Three members from our chapter attended the Leadership Training in Rapid City. Peer Educators, Caitlynd Krosch and Kirstyn Fiala attended their trainings while Tia Pawlowski attended the Rookie Training.

Plans for two community service projects are in the works. Annually we help with the Halloween party at the Good Samaritan Center and assist the local American Legion and Auxiliary with the Veteran's Day program at our school. We will also be hosting our school's fall assemblies that focus on preventing bullying. There will be both a junior/senior high presentation and also one at the elementary school.

We look forward to a great year in FCCLA!

Written by: Kendra Krosch

Vice President of Public Relations

Miller FCCLA Chapter