

2024-2025 SOUTH DAKOTA



STATE ASSOCIATION

STUDY GUIDE

*Questions and Answers for 2025-2026
Region, State and National Officer Candidates*

The SD FCCLA Officer Candidate Study Guide has two sections to help study for the test, which include:

- National FCCLA
- South Dakota FCCLA

SECTION 1 – NATIONAL FCCLA

1. What do the letters FCCLA stand for?
Family, Career and Community Leaders of America
2. When was the organization founded?
June 11, 1945
3. Who is considered the founder of the organization?
Edna P. Amidon
4. Future Homemakers of America and New Homemakers of America merged during what year?
1965
5. When did the organization change its name from Future Homemakers of America (FHA) to Family, Career, & Community Leaders of America (FCCLA) ?
July 1999
6. What month is FCCLA Week celebrated?
February
7. What is the motto of FCCLA?
Toward New Horizons
8. What is the meaning of the motto of the organization?
It reminds members that their contributions to home life today will influence the kinds of homes they have tomorrow; that the family life of members will influence the community and the world.
9. Where is the National FCCLA Headquarters located?
*13241 Woodland Park Road, Suite 100
Herndon, Virginia 20171*
10. When was the official grand opening ceremony held for the current national headquarters and leadership center in Herndon, VA held?
August 28, 2023
11. Where will national meeting be held in July 2025?
Orlando, Florida
12. What is the name of the current FCCLA National Executive Director?
Sandy Spavone
13. What is the flower of the organization?
The red rose is the flower of the organization
14. What does the flower of the organization represent?
It represents the search for beauty in everyday living.
15. What are the colors of FCCLA?
The colors of the organization are red and white
16. What do the colors represent?
Red suggests strength and white is recognized as the symbol of sincerity. These colors inspire members with the courage and determination to succeed.

17. What is the address for the national FCCLA website?
www.fcclainc.org
18. Who is the 2024-2025 FCCLA National President?
(See national website – www.fcclainc.org) *Brandon Weibel*
19. Where is the current National President from?
(See national website) *Oklahoma*
20. What is the official national membership reported for the 2023-2024 school year?
June 30, 2024 - Totals 243,957 Members (See membership tab/map on national website)
21. How many chapters were reported in the final 2023-2024 National FCCLA Membership Report?
5,357 chapters
22. Complete the sentence: Family, Career, and Community Leaders of America is a dynamic and effective national student organization that.....
helps young men and women become leaders and address important personal, family, work, and societal issues through family and consumer sciences education.
23. Name 5 current youth concerns FCCLA chapter projects focus on.
Teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence, and career exploration.
24. Name 4 “Skills for Life” involvement in FCCLA offers members the opportunity to develop.
Planning, goal setting, problem solving, decision-making, and interpersonal communication- necessary in the home and workplace.
25. What does the emblem represent to the organization?
The emblem shows that FCCLA is a dynamic, active organization bound for the future. The dominant collegiate lettering articulates a focus on education and student leadership. The swooping arch embodies an active organization that moves toward new arenas. The emblem will always be linked to the turn of the century when FHA changed to FCCLA. The color of the emblem is one of the organizational colors- red.
26. Name the 5 components of the planning process. (Must be in correct order.)
*Identify Concerns,
Set your Goal,
Form A Plan,
Act,
Follow Up
Plan a chapter project using the planning process.*
27. Is one of the purposes of FCCLA to teach students to succeed in competition with others?
No

28. State the creed of the organization.

*“We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.
For we have the clear consciousness of seeking old and precious values.
For we are the builders of homes,
Homes for America’s future.
Homes where living will be the expression of everything that is good and fair.
Homes where truth and love and security and faith will be realities, not dreams.
We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.”*

FCCLA Creed

We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.
For we have the clear consciousness of seeking old and precious values.
For we are the builders of homes, homes for America's future, homes where living will be the expression of everything that is good and fair, homes where truth and love and security and faith will be realities, not dreams.
We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.

29. Local groups of FCCLA members should be referred to as _____.

Chapters

- FCCLA is ALWAYS referred to as an organization and there are Chapter Meetings
- NEVER use the word club with FCCLA.

30. Chapter Meetings should begin and end with the official opening and closing _____.

Ceremonies

31. FCCLA provides opportunities for active student participation at the _____, _____, _____ and _____ levels of competition.

local, region, state, national

32. FCCLA is the only in-school organization with the _____ as its central focus.

Family

33. What does the official FCCLA Dress consist of? (Red blazer and black bottoms)

FCCLA Red Blazer

Red, Black, or white polo or professional white shirt (long or short sleeves)

Black Bottoms (slacks, skirt, sheath dress)

Shoes (black preferred)

Neckwear options – neckwear from official emblematic supplier, black or red tie, black or red bow tie, a single strand of pearls, red, black, and/or white scarf, or no neckwear

Jeans, t-shirts, and athletic wear are NOT acceptable

34. Who may enter the Level 1 category of competition?

Students up through grade 8

35. Who may enter the Level 2 category of competition?

Students in grades 9-10

36. Name the program award that recognizes advisers who oversee strong and active chapters.

Master Adviser

37. Name the program award that recognizes advisers who spend several years assisting and training new chapter advisers?
Adviser Mentor
38. Adults who are interested in supporting the goals of the organization may become ___ & ___ members.
Alumni & Associates
39. In the winter of 1985, what publication was introduced for chapter advisers?
The Adviser
40. When did STAR Events begin?
1983 National Leadership Meeting
41. Name the five units of Power of One.
- | | |
|-------------------------------|-------------------------|
| <i>1. A Better You</i> | <i>2. Family Ties</i> |
| <i>3. Working on Working</i> | <i>4. Take the Lead</i> |
| <i>5. Speak out for FCCLA</i> | |
42. Name the 4 units of the Student Body national program.
- The Healthy You – Empowering teens to make wise food and lifestyle choices.*
 - The Fit You – Empowering teens to take charge of their health and their level of fitness.*
 - The Real You – Empowering teens to maintain positive mental health.*
 - The Resilient You – Empowering teens to live in ways that build emotional health.*
43. Name the 5 units of Families First.
- Dynamics – Understanding families and family relationships*
 - Balance – Enabling young people and families to prioritize self-care and overcome the obstacle*
 - Development – Learning how to nurture and care for children*
 - Safety – Prioritizing and practicing safety within families*
 - Skills – Developing strategies to be a good family member.*
44. Name the 4 Career Connection essential units that guide students to discover their career pathway.
- My Skills - Students learn about themselves and practice being productive, promotable employees as they link their personal interests, skills, and goals to careers.*
 - My Life - Students learn to manage interconnected roles in careers, families, and communities by exploring choices and skills that help balance these roles.*
 - My Career - Students gain a better understanding of work and learn how to find and land a job.*
 - My Path - Students identify steps they can take to reach career and lifestyle goals.*
45. Name the four essential topics of the Financial Fitness national program.
- Earning - sharpen on-the-job financial fitness*
 - Spending - track and plan personal spending*
 - Saving - conquer bank accounts, credit, and investments*
 - Protecting - keep financial and personal interests safe*
46. Name the 3 essential topics of the Community Service national program.
- Learn - Students explore personal values, ethics, and ethical decision-making while evaluating their community needs.*
 - Lead – Students learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace.*
 - Serve – Students are introduced to the critical role community partnerships and advocacy play in serving the needs of others while also developing their own community-based service.*

47. Name 3 ways FCCLA student members can develop, plan, carry out, and evaluate advocacy activities to improve the quality of life in their communities through the Stand Up National Program.
- *Assess current needs*
 - *Educate others regarding concerns*
 - *Advocate so that they can make a difference now and in the future.*
48. The national program which encourages members to eat right, get fit, and feel good about themselves is called _____.
- Student Body*
49. What program recognizes chapters that address a community need using family and consumer sciences related skills?
- Community Service National Program*
50. Name the competitive events program that recognizes members for proficiency and achievement in leadership and job-related skills.
- STAR Events*
51. What does the acronym STAR in STAR Events stand for?
- Students Taking Action with Recognition*
52. What is the program designed to help new members learn about FCCLA?
- Step One*
53. What are the 3 R's of membership recruitment?
- Recruit, recognize, retain*
54. The national membership program is called _____.
- Go For the Red*
55. The national program which teaches teens to manage their money is called _____.
- Financial Fitness*
56. The national program which promotes highway traffic safety is called _____,
- FACTS (Families Acting for Community Traffic Safety)*
57. The national program which uses peer education to strengthen families is called _____,
- Families First*
58. The national program which promotes job readiness is called _____.
- Career Connection*
59. The individual project recognition program is called _____.
- Power of One*
60. The national program that is a peer-to-peer outreach initiative that empowers young people to develop, plan, carry out, and evaluate advocacy activities to improve the quality of life in their communities is called _____.
- Stand Up*
61. What is the Japanese Exchange Program?
Who sponsors this program?

This is a program which offers full scholarships for FCCLA members who are sophomores and juniors in high school to spend a six-week immersion experience with a Japanese family.

Sponsor: Kikkoman Corporation

Administered by: Youth For Understanding USA (YFU) – scholarship valued at over \$9,995.00.

62. Name 5 STAR Events.

<i>Baking & Pastry</i>	<i>Career Investigation</i>	<i>Culinary Arts</i>
<i>Chapter in Review – Display and Portfolio</i>	<i>Chapter Service Project – Display and Portfolio</i>	
<i>Early Childhood Education</i>	<i>Entrepreneurship</i>	<i>Event Management</i>
<i>Fashion Construction</i>	<i>Fashion Design</i>	<i>Focus on Children</i>
<i>Food Innovations</i>	<i>Hospitality, Tourism & Recreation</i>	<i>Interior Design</i>
<i>Interpersonal Communications</i>	<i>Job Interview</i>	<i>Leadership</i>
<i>National Programs in Action</i>	<i>Nutrition and Wellness</i>	<i>Parliamentary Procedure</i>
<i>Personal Finance (New 2024-25)</i>	<i>Professional Presentation</i>	<i>Promote & Publicize FCCLA</i>
<i>Public Policy Advocate</i>	<i>Repurpose & Redesign</i>	<i>Say Yes to FCS Education</i>
<i>Sports Nutrition</i>	<i>Sustainability Challenge</i>	<i>Teach & Train</i>
<i>Teaching Strategies (New for most states 2024-25 - Piloted by 4 states in 2023-24)</i>		

63. Name the four online STAR Events:

FCCLA Chapter Website Digital Stories for Change Instructional Video Design
Red Talks on Education (newest)

64. Who is the legal governing board of Family, Career and Community Leaders of America?

The National Board of Directors. The board determines policy, oversees financial affairs, evaluates current programs and assists in long-range planning and organizational management. Members are both appointed and elected.

65. Which two organizations endorse Family, Career and Community Leaders of America?

U.S. Department of Education (Office of Vocational and Adult Education) and the American Association of Family and Consumer Sciences (AAFCS)

66. How much are member national dues?

\$9.00 per person

67. What is the FCCLA tagline, and when was it introduced?

“FCCLA: The Ultimate Leadership Experience” was introduced in 2003

68. What are the four national FCCLA regions?

North Atlantic, Southern, Central, Pacific

69. What is the mission of FCCLA?

To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through – character development; creative and critical thinking; interpersonal communication; practical knowledge; and career preparation.

70. How many national officers are elected?

A total of 10 are elected.

71. What are the five basic components of an FCCLA chapter?

Membership, adviser, leadership, meetings and projects

72. Who is eligible to be a member of FCCLA?
Any student who is taking or has taken a family and consumer sciences education course and who pays the appropriate membership dues, or is a part of a middle level or urban chapter affiliation program.
73. What is FCCLA?
Family, Career and Community Leaders of America, a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work and societal issues through family and consumer sciences education.
74. What is a co-curricular FCCLA chapter?
A program that integrates FCCLA chapter activities into the classroom family and consumer sciences program of study. (South Dakota recommends FCCLA be an integral part of the instructional program.)
75. What is the planning process?
A simple five-step method to help chapter members and advisors plan individual, group or chapter projects and activities
76. What is a program of work?
Chapter's plans for the year
77. What is youth-centered leadership?
Process through which youth members are responsible for planning, carrying out and evaluating chapter projects and activities
78. What are the eight purposes of FCCLA?
*1. To provide opportunities for personal development and preparation for adult life.
2. To strengthen the function of the family as the basic unit of society.
3. To encourage democracy through cooperative action in the home and community.
4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
5. To promote greater understanding between youth and adults.
6. To provide opportunities for making decisions and for assuming responsibilities.
7. To prepare for the multiple roles of men and women in today's society.
8. To promote family and consumer sciences and related occupations.*
79. How many states make up the 5,357 chapters across the nation?
45 states, American Samoa, and Puerto Rico
80. What is the role of a chapter president?
Presides over the class during project selection and planning. Appoints committees or members for specific jobs related to projects. Serves on the chapter executive council, if one exists.
81. What is the role of the chapter vice-president or first vice-president?
Assists the president in overseeing the work of project committees. Fills in when the president is absent.
82. What is the role of the chapter secretary?
Maintains written minutes of the decisions related to projects and activities. Works with president to complete a written Planning Process worksheet to be posted for member review.
83. What is the role of the chapter treasurer?
Collects and records all fundraising monies and dues. Maintains written records and receipts for all funds spent on chapter project(s).
84. What are bylaws?
Bylaws are the rules adopted by an organization for governing its activities.

85. Name the four kinds of membership in FCCLA.

Active, Alumni, Associate and Honorary

86. How many members are needed to form a chapter?

There is no minimum requirement.

87. Can students in private schools be members of FCCLA?

Yes, as long as they meet membership requirements.

88. What are the three methods of voting?

Voice votes, roll call, or ballot

89. What is a Quorum?

Minimum number of members that must be present to conduct the business of the meeting; usually a simple majority unless otherwise specified in the bylaws.

90. How is FCCLA financed?

FCCLA is a nonprofit organization funded primarily by membership dues.

91. What do national dues support?

Newsletters/electronic updates-; chapter mailings; national program development; chapter resources; leadership training; national promotion of the organization; membership processing and marketing; National Board of Directors and National Executive Council activities; fundraising and seeking corporate sponsors; operating expenses of the national headquarters and staff.

92. What is affiliation?

The process of formally joining FCCLA by paying membership dues.

93. Who is eligible to use the names “Family, Career and Community Leaders of America” and “FCCLA”, as well as the emblem?

Only affiliated (dues paying) members and chapters. Chapters not affiliated cannot use the name/logo.

94. What is the standard FCCLA Opening Ceremony?

President: Gives a rap with the gavel, signaling the officers and members to stand and then begins the meeting by stating, “We are the members of Family, Career and Community Leaders of America. Our mission is to promote personal growth and leadership development through Family and Consumer Sciences Education.”

Officers: “Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.” (Continued on next page)

Members: “As we work toward the accomplishment of our goals, we learn cooperation, take responsibility, develop leadership, and give service.”

President: “This meeting of the _____ Chapter of Family, Career and Community Leaders of America is now in session. You may be seated.” (Raps gavel)

95. What is the standard FCCLA Closing Ceremony?

President: “Members, please stand. FCCLA members, we are challenged to accept the responsibility of making decisions that affect our lives today and the world of tomorrow. Let us repeat our creed.”

Members: “We are the Family, Career and Community Leaders of America.

We face the future with warm courage and high hope.

For we have the clear consciousness of seeking old and precious values.

For we are the builders of home,

Home for America’s future,

*Homes where living will be the expression of everything that is good and fair,
Homes where truth and love and security and faith will be realities, not dreams.
We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.”*

President: “This meeting of the _____ Chapter of Family, Career and Community Leaders of America is not adjourned.” (Raps gavel)

96. Where should the FCCLA emblem be worn?

Wear the emblem over the heart or on a jacket pocket.

97. Where should the pin be worn?

The pin is worn over the heart. Members, advisers, honorary members, Alumni & Associate member and chapter parents may wear the pin.

98. Who is considered one of the most influential leaders in the founding of Future Homemakers of America?

Edna P. Amidon, an educator and promoter of home economics education. She served as the organization’s first board chair.

99. Who was the first national advisor?

Dr. Hazel Frost

100. What was the amount of the first dues in 1945?

Ten cents

101. When and where was Future Homemakers of America founded?

June 1945 in Chicago, Illinois

102. Teen Times, the name of the organization’s magazine, was it first published in 1945. When was it retired?

Teen Times was retired August 1, 2022.

103. What four electronic newsletters are used to keep members, advisers, state advisers, and alumni up to date with FCCLA news?

Member Minute- Weekly (Tuesday) newsletter published to all affiliated student members.

Fast Facts – Weekly (Tuesday) newsletter published to all affiliated chapter advisers.

State Adviser Update – Weekly (Thursday) newsletter published to all State Advisers.

Beyond the Red – Quarterly newsletter published to all Alumni & Associate members.

103. The first national convention was held where and when?

July 1948, in Kansas City, MO

104. How many students are involved in FCCLA?

More than 243,957 chapter members in more than 5,357 local chapters. Over nine million youth have been involved in the organization since its founding in 1945. Look up under Membership/Membership Reports Tab-use last year’s final affiliation numbers.

105. When were HERO (Home Economics Related Occupations) chapters founded?

1971

106. When and where was the name of the organization changed to Family, Career and Community Leaders of America?

July 1999; Boston, MA at the National Leadership Conference

107. Why did FHA/HERO change its name to FCCLA?
FCCLA reflects our Mission. It emphasizes the leadership qualities that set our members apart from other young people
108. What qualifications are needed to be a chapter adviser?
Must be a certified/alternatively certified family and consumer sciences educator.
109. What is the amount of state dues?
\$8.00 per person
110. Who is eligible for Alumni & Associates membership?
Former FCCLA, FHA (Future Homemakers of America), NHA (New Homemakers of America), HERO members, and individuals who share the goals and purposes of FCCLA.
111. By what procedure are all meetings to be conducted?
Parliamentary Procedure, using Robert's Rules of Order
112. How many issues of *Teen Times* are published each year?
Two (2 printed edition - in August and December)
113. What is the term of a State Executive Council Member?
One year
114. How many STAR Events are available to members including the Online Events?
35 State/National Events
115. What events are available to FCCLA members to compete in throughout the school year?
Skill Demonstration Events, FCCLA Contests, Challenge Tests, FCCLA/LifeSmarts Knowledge Bowl, and STAR Events (which includes Online Events too).
116. Name the Adviser Recognition Programs available.
Master Adviser, Adviser Mentor, Adviser Academy, Years of Service, and Spirit of Advising
117. What national program guides students to develop, plan, carry out and evaluate projects that improve the quality of life in their communities?
Community Service
118. Name the three essential topic areas of FACTS.
People, Vehicles, and Roads
119. What is peer education?
A method of education where teens teach teens – their peers
120. Name the two partners of the Japanese Exchange scholarship
Kikkoman Corporation and Youth for Understanding USA
121. Which national meetings are held each fall?
Fall Leadership Institute and Capitol Leadership
122. What is the chapter award given in recognition of exemplary public relations efforts?
National Chapter Public Relations Award

123. What are the five essential elements of a chapter's public relations plan?
Message, Audience, Purpose, Method, and Feedback
124. What are the objectives of the Capitol Leadership Training?
FCCLA members and advisers will have the opportunity to participate in public policy development and advocacy training; develop a state and local advocacy plan; meet with members of Congress and Federal officials; and have the opportunity to explore the nation's Capitol.
125. According to Robert's Rules of Order, what are four basic ideas of parliamentary law?
*1. Courtesy and justice for all
2. One item of business at a time
3. The minority must be heard
4. The majority must prevail*
126. What organization is FCCLA currently partnering with for the National Outreach Project?
EXPLORE.ACT.TELL. (E.A.T.) PROGRAM
(In collaboration with the Foundation for Impact on Literacy and Learning (FILL) and funded by Nourishing Neighbors, a program of Albertsons Companies Foundation. FCCLA introduces the Explore.Act.Tell. (E.A.T.) Program for students in grades 6-12 as FCCLA's National Outreach Partner. This program empowers students to tackle food insecurity in their neighborhoods by completing four interactive lessons, leading them to create a hunger solution project in their local community, develop a PSA video, and participate in an annual challenge and win grants.)
127. According to Robert's Rules of Order, what does the term amendment mean?
A change in or addition to the main motion
128. According to Robert's Rules of Order, what does the term debate mean?
Discussion for or against the motion
129. According to Robert's Rules of Order, what is the phrase used to propose a motion?
"I move"
130. According to Robert's Rules of Order, what does the term majority mean?
Over half of the votes cast; sometimes called simple majority, which is 50 percent plus one (1)
131. According to Robert's Rules of Order, what does the term quorum mean?
Minimum number of members that must be present to conduct the business of the meeting; usually a simple majority unless specified in the bylaws.
132. What are all 9 national programs?
Career Connection, FACTS, Families First, Japanese Exchange, Financial Fitness, Community Service, Power of One, Student Body, and Stand Up.

SECTION 2 - SOUTH DAKOTA FCCLA

133. What year did South Dakota charter as a state association?
1946
134. What is the name of the FCCLA South Dakota State Adviser?
Kris Brockhoff
135. What is the name of the South Dakota FACS Pathway Program Specialist?
Jane Gubrud

136. Where is the headquarters for the state association located?
Brookings, SD
137. How many FCCLA regions does South Dakota currently have?
6
138. There are _____ officers on the State Executive Council this year.
7
139. How many affiliated members did SD FCCLA have as of June 30 of the past school year?
(National membership records as of June 30, 2023 - last year's membership report)
1791 Members
140. Who currently serves as South Dakota's State Chapter Adviser?
Tiffany French (2024-2025)
141. Who is the chair of the South Dakota FCCLA Board of Directors?
Matilyn Kerr (2024-25)
142. Name the big, state leadership training event held in the fall each year.
Fall Leadership Rally/Camp/Training
143. During what month is the 2025 state leadership meeting held?
Where will the meeting be held?
April in Sioux Falls at Ramkota Hotel & Convention Center
144. Name the SD FCCLA State Officers and their offices and Your Region President.
● *(Check-out www.sdfccla.org under "Leadership Tab")*
State President – Region IV President – Hannah Heiman – Clark Chapter
First Vice President – Region II President – Emma Sonsteby – Bowdle Chapter
Vice President of Public Relations – Region III President – Jordan Platt - Mitchell Chapter
Vice President of Recognition – Region V President – Avaya Carlson - West Central Chapter
Vice President of Membership – Region VI President – Leia Rombough - Harrisburg Chapter
Vice President of Programs – Region I President – Olivia Wilkins - Custer Chapter
Junior High Representative – Region IV Junior High Rep - Kayleigh Disbrow – Redfield Chapter
145. South Dakota is located in which national region?
Central
146. Who is the administrative body/sponsor of the South Dakota Association of FCCLA?
South Dakota Department of Education
147. What is the name of the professional organization for South Dakota Family and Consumer Sciences teachers?
SDATFCS – South Dakota Association of Teachers of Family and Consumer Sciences
148. What benefits are provided to South Dakota members because we organize by region?
Develop leadership skills through regional officers; increase leadership opportunities for all chapter members; elect the regional executive council, including the state officer candidate; provide an update from the national and state levels; give recognition to members and advisers beyond the local level; develop a sense of unity

among all chapters in the region; encourage greater parent involvement in FCCLA activities; participate in STAR events; and share ideas, make friends, have new experiences, and have fun.

149. Who is the current (2024-25) South Dakota FCCLA State President?

Hannah Heiman – Clark Chapter

150. What is the name of the highest honor an FCCLA Chapter can achieve, recognizing those who excel in leadership, service, and making a meaningful impact? The prestigious award celebrates chapters that lead purposefully, serve with passion, and engage their members in transformative experiences embodying the Ultimate Leadership Experience.

FCCLA Ultimate Chapter Award – Implemented in August 2024.

151. What is the 2024-2025 National FCCLA theme for the year?

Dare to Dream